



Get organised before you go

You're off to your first house sit – how exciting! Here's a starting point of what to take, but please note, not every item will be relevant for every sit or every sitter – especially for local travel. Use this for ideas of what you may need.

What – and how much – you take will also depend on your mode of travel – private vehicle or public transport.

1. Travel documents (if required)

- ☐ Passport (check expiry date)
- ☐ Visa or entry requirements (if applicable)
- ☐ Travel insurance (including pet care, if available)
- ☐ Copies of important documents (digital and/or paper)
- ☐ Emergency contact details
- ☐ Flight, transport, and accommodation details
- ☐ Local public transport information (if required)
- ☐ Any required vaccinations or health certificates



2. Before you leave home

- ☐ Confirm arrival and departure details with the homeowner
- ☐ Check how you'll collect and return the keys
- ☐ Save the homeowner's contact details (and a backup)
- ☐ Save details for the local emergency contact (if any)
- ☐ Download maps for offline use, if needed
- ☐ Arrange pet or plant care for your own home (if needed)
- ☐ Set autoreplies on email (if you'll be out of range)
- ☐ Notify your bank (if travelling overseas)



3. What to pack

- ☐ Clothing for the climate and type of activities
- ☐ Comfortable walking shoes
- ☐ Swimwear (if there's a pool or beach nearby)
- ☐ Pyjamas and comfy clothes
- ☐ Sunglasses and sunscreen
- ☐ Any personal items you use regularly
- ☐ Phone, charger, and power adaptors (if needed)
- ☐ Laptop/tablet and charger
- ☐ Other tech if working remotely



4. Toiletries and personal items

- ☐ Toothbrush, toothpaste, floss, and extras
- ☐ Shampoo, conditioner, soap, and deodorant
- ☐ Skincare and personal medications
- ☐ Feminine hygiene products (if needed)
- ☐ Hairbrush, comb, and hair ties
- ☐ Razor and other grooming items
- ☐ Sunscreen, insect repellent, and lip balm
- ☐ Prescription medications (plus a few extra days)
- ☐ Glasses/contact lenses and spares



5. In-home essentials to consider

- ☐ Dishwashing liquid
- ☐ Laundry sheets or detergent
- ☐ Bin bags
- ☐ Basic cleaning supplies (e.g. wipes, spray, cloths)
- ☐ Tea, coffee, and basic Day 1 food
- ☐ Reusable containers for leftovers
- ☐ Torch (especially for rural areas)
- ☐ Small first aid kit



Most of these will be supplied for short sits – on long sits, I prefer to supply my own. Sitters usually supply all their own food, but may be welcome to use staples such as salt, pepper, and sugar.

AUNTY KAZ'S FINAL WORD

A little bit of preparation can make the start of your house sit much smoother. Pack smart, check the details, and don't forget the essentials that make **you** feel at home – wherever you are!

Happy sitting! 🐾

6. Pet-care extras (if relevant)

- ☐ Extendable lead (I prefer one; owners rarely have them)
 - ☐ Poop bags (**should** be supplied – often not)
 - ☐ Seat protection if using own car for dogs
- Most pet-care supplies should be provided, but there's nothing worse than finding only one poop bag left just as you're leaving to walk three dogs after breakfast. They're around \$2 a roll so I always have a good supply of my own



Anything else?
